

Chyawanprash Ayurvedic Nutritive Jam

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SOME MAJOR HEALTH BENEFITS:

- Enhances General Health & Immunity
- Kindles Agni for Better Digestion & Gut Health
- Boosts Energy
- Prevents & Heals Colds/ Coughs
- Enhances Respiratory Health
- Stimulates Tissue Rejuvenation
- Increases Longevity
- Improves Reproductive & Sexual Health
- Supports Detoxification
- Enhances Cognitive Function
- Nourishes Muscle, Skin, Hair & Nails

Instructions:

Take 15 minutes before breakfast.

May be taken 2x day

OPTIONS:

Dissolve 1 tsp

- With 1/2c hot milk
- Directly in mouth and follow with a cup of hot water

Take consistently for 30 days in a row for best results.



Origin

Chyawanprash (“chah – vahn – prash”) is an ancient Ayurvedic breakfast jam that rejuvenates the body and mind. Dating back at least 5,000 years, it is rooted in the ancient Ayurveda principle that food and medicine should be intertwined.

Formula

PIOR Living Chyawanprash has 35 distinct, all-natural ingredients that are minimally processed to create a silky smooth and rich texture and delicious flavor. Antioxidant-rich spices and herbs are lovingly combined in a carefully designed process with ghee, black sesame oil and honey to create a nourishing and smooth jam that can be taken everyday to support overall wellness.

Benefits

Chyawanprash’s health benefits come from its main ingredient, the Amla Berry, well known as a highly powerful antioxidant that delivers a wide variety of benefits for overall health and wellbeing.

The accompanying spices and herbs combine with the honey, ghee, jaggery, and sesame oil to deliver nutrients deep into the body’s tissues for easy absorption, opening energy channels for prana to flow freely in your practice and daily life.

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INGREDIENTS

Derived from sustainably sourced organic and wild-crafted botanicals

- Amla Fruit
- Long Pepper Fruit
- Red Sandalwood Heartwood
- Malabar Tree Leaf
- Ashwagandha Root
- Shatavari Root
- Bacopa Leaf
- Holy Basil Leaf
- Ginger Rhizome
- Raisin Fruit
- Licorice Stem
- Phyllanthus Whole
- Zedoary Rhizome
- Cinnamon Bark
- Saffron Stigma
- Wild Cardamom Seed
- Kudzu Root
- Arjuna Bark
- Chebulic Myrobalam Fruit
- Sacred Lotus Seed
- Neem Leaf
- Tribulus Fruit
- Golden Apple Fruit
- Indian Tinospora Stem
- Nut Grass Whole
- Leptadenia Leaf
- Boerhavia Root
- Mesua Flower
- Amla Fruit Extract
- Ashwagandha Root Extract
- Long Pepper Fruit Extract
- Jaggery (Saccharum Ocinarum)
- Clarified Butter (Cow Ghee)
- Raw Honey
- Cold Pressed Black Sesame Seed Oil